



SEPTEMBER 2026

Big Sandy 100J

This Institution is an equal
Opportunity provider.

Menu is subject to change.

Monday

Tuesday

Wednesday

Thursday

Friday

Super Nachos
Lettuce, Salad Bar
Brownie, Fruit
Milk

1

Grilled cheese sandwich
Tomato/ Chicken soup
Carrots, Celery
Salad bar, Fruit
Milk

2

Chicken
Whipped potatoes w/gravy
Green beans, Dinner roll
Salad bar, Fruit
Milk

3

Pulled Pork sandwich
Chips, Baked beans
Salad bar, carrots, Fruit
Milk

4

Hamburger Gravy
Whipped potatoes
Corn, Salad bar
Dinner roll, Fruit
Milk

8

Chicken nuggets
Mac-n-cheese
Broccoli, Salad bar
Fruit, Milk

9

Chili Frito Pie
Lettuce, Cheese
Salad bar, Churro
Fruit, Milk

10

Turkey/ PBJ sandwich
Chips, Carrots
Salad bar, Fruit
Milk

11

Chicken Alfredo w/noodles
Broccoli, Bread slice
Salad bar, Fruit
Milk

15

Hot Dog
Tater tots, Green beans
Salad bar, Fruit
Milk

16

Burrito
Green chili w/ pork
Lettuce, cheese
Salad bar, Fruit
Cowboy cake, Milk

17

Chicken sandwich
Chips, Potato salad
Carrots, Salad bar
Milk

18

Pizza
Lettuce, Salad bar
Fruit, Pudding
Milk

22

Hamburger
French fries
Lettuce, Tomato, Cheese
Salad Bar, Fruit
Milk

23

Ham
Cheesy Potatoes
Green beans, Bread slice
Salad bar, Fruit
Milk

24

Cub sub
Chips, Lettuce, Tomato
Salad bar, Baked beans
Fruit, Milk

25

Taco w/ Rice
Lettuce, Cheese
Salad bar, Fruit
Cookie, Milk

29

Orange chicken
Mixed vegetables
Rice, Salad bar
Fruit, Milk

30