

Big Sandy Nutritional Committee Report 2024-2025

The Big Sandy Lunch program currently consists of three full-time employees consisting of one head cook and three assistants. The head cook is Mrs. Crystal Kiniston, and the assistants are Mrs. Billmire and Mrs. Molner. Another employee, Trish, works part time to help supplement the other employees.

The program is currently serving an average of 232 meals per day. The elementary, PreK-5, is served an average of 117 lunches per day while the junior high and high school are both served around 115 lunches per day. An average of 14 adults are served daily in the cafeteria. Last year, the average daily participation was 226 with an additional 14 adults eating per day. Big Sandy School's free and reduced lunch count is currently 45% which is an average of high school-30%, junior high-43%, and elementary-55%.

On a daily basis, students are served a nutritious meal that meets the state's required standards. Fifth grade through twelfth grade students are also offered a variety of items that are available on a salad bar. Students are not charged for lunch this year while adults pay \$4.05. Breakfast is not served; however, any student who has not had breakfast may go to the cafeteria and receive something to eat. The lunch ladies also prepare and serve daily snacks to our preschool and kindergarten students.

Commodities are received through the school lunch program, and food is sometimes purchased through Shamrock suppliers. The menu is created based on commodities on hand and nutritional guidelines. Menus are served on a six week cycle; however, new meals are added based on students' preferences.

The state health department conducts health inspections once a year. This inspection has not taken place yet this year.

Big Sandy School district goals for the nutritional program include: providing quality, nutritious meals aligned to state standards, making customer service/professionalism a priority, maintaining cleanliness in the kitchen and cafeteria, incorporating "fun" treats, and striving for continuous improvement. A new goal for next year includes incorporating a "share" table where students can place prepackaged food they don't want to share with other students.

No noted changes are expected in the 2025-2026 school year regarding this program.