

## Big Sandy Nutritional Committee Report 2023-2024

The Big Sandy Lunch program has three full-time employees consisting of one head cook and three assistants. The head cook is Mrs. Crystal Kiniston, and the assistants are Mrs. Billmire and Mrs. Molner. When there is a larger meal with more items on the menu or on special events, additional help is brought in to help for the day although this is a rare occurrence.

The program is currently serving an average of 226 meals per day. The elementary, K-5, is served an average of 100 lunches per day while the junior high and high school are both served around 126 lunches per day. An average of 14 adults are served daily in the cafeteria. Last year, the average daily participation was 260 with an additional 14 adults eating per day. Big Sandy School's free and reduced lunch count is currently 48% which is an average of high school-40%, junior high-47%, and elementary-56%.

On a daily basis, students are served a nutritious meal that meets the state's required standards. Fifth grade through twelfth grade students are also offered a variety of items that are available on a salad bar. Students are not charged for lunch this year while adults pay \$4.05. Breakfast is not served; however, any student that has not had breakfast may go to the cafeteria and receive something to eat. The lunch ladies also prepare and serve daily snacks to our preschool and kindergarten students.

Commodities are received through the school lunch program, and food is sometimes purchased through U.S. Foods. The menu is created based on commodities on hand and nutritional guidelines.

The state health department conducts health inspections once a year. This inspection has not taken place yet.

Big Sandy School district goals for the nutritional program include: providing quality, nutritious meals aligned to state standards, making customer service/professionalism a priority, maintaining cleanliness in the kitchen and cafeteria, incorporating "fun" treats, and striving for continuous improvement.

No noted changes are expected in the 2024-2025 school year regarding this program.