## **OCTOBER 2023**

Big Sandy 100j

This Institution is an equal Opportunity provider. Menu subject to change

Monday	Tuesday	Wednesday	Thursday	Friday
2	Tacos w/ Rice Lettuce/ Cheese Salad bar, Fruit Milk	Mac and Cheese w/Ha <mark>m4</mark> Green beans, dinner roll Salad Bar, fruit Milk	French toast sticks w/sy <mark>rup</mark> Sausage link, egg patty Apple salad, Salad bar Carrots, Milk	Hamburger French Fries Lettuce/ tomato Salad bar, Fruit Milk
9	Bean and beef Burrito 10 Green chili w/Pork Lettuce, Cheese Cowboy Bread, fruit Salad bar, Milk	Spaghetti w/meat sau <mark>ce  </mark> Lettuce, Salad bar Bread sticks, Fruit Milk	Chicken Patty Whipped Potatoes w/Grav Corn, Dinner roll Salad Bar, Fruit Milk	Sloppy Joe Tater tots Lettuce, Salad Bar Fruit, Milk
16	Grilled Cheese sandwi <mark>ch 7</mark> Chicken/ Tomato soup Carrots, Celery Salad Bar, Fruit Milk	Chicken Alfredo Broccoli, Salad Bar Fruit, Dinner Roll Milk	Super Nachos Lettuce, Salad bar Fruit, Brownie Milk	Corn Dogs Chips, Baked Beans Salad Bar, Fruit Milk
23	Pizza Lettuce, Salad Bar Fruit, Pudding Milk	Orange Chicken Rice, Noodles Mixed Vegetables Salad Bar, Fruit Milk	Roast Beef and cheddar 6 sandwich, Hash brown Carrots, Salad bar Fruit, Milk	Pulled Pork sandwich 27 Chips, Lettuce Salad Bar, Fruit, Cookie Milk
30	Mummy in a Blanket 31 Jack-O-Lantern fingers Baked Bugs, Chips Dirt and worms Milk			